



Parents & Teens Together

Classes-Thursday Afternoons or Thursday Evenings

3-5 PM Class

Starts September 10, 2009
Sierra Vista Family Resource Center
2020 Standiford #C1
Modesto, CA 95350

6-8 PM Class

Center for Human Services
1700 Mc Henry Village Way, Suite 14
Modesto, CA 95350

Topics Include

- | | |
|----------------------------|------------------------------|
| Adolescent Development | Discipline-Family Values |
| Empathy and Self-Awareness | Discipline-Managing Behavior |
| Needs and Feelings | Stress/Substance Abuse |
| Communication | Anger |
| Problem Solving | Developmental Issues |

www.centerforhumanservices.org

“Center for Human Services acknowledges the support of our funding partners who underwrite, in part, the quality services provided by CHS to children and families. Partners include the Stanislaus County Board of Supervisors, Behavioral Health and Recovery Services, Community Services Agency, Stanislaus County Children and Families Commission, Health Services Agency, United Way, various school districts, other local agencies, foundations and federal and state offices. We are grateful to all of our funders for fostering the health and well being of our communities through CHS prevention, intervention and treatment services.”



**Parenting
Classes**

For More
Information
or to sign up,
Call 526-1623

Classes are free.
Parent and
youth joint
participation is
required.

Class goes for
10 weeks. Start
class any week.

Offered in Partnership
with

