I am delighted to share our Annual Community Report with you. In the following pages, we present our impact as we look back on fiscal year 2016/2017 with pride and enthusiasm for the future of our organization.

At the core of Center for Human Services (CHS) are our values. These aren’t just words that live on our walls. It’s how we live and work in the communities we serve.

**Partnerships. Respect. Integrity. Responsiveness. Results. Innovation.**

Strong, concise, meaningful. At CHS, our values serve as a rallying point for our staff and clarify our identity. Sticking by our values takes courage and requires constant vigilance. We live out our values every year; but this year I’m especially proud to share some stories with you that highlight how we show up for our youth, families and the community in ways that matter.

Last year, I reported on a new relationship with Garrison Elementary School in Modesto. As part of our ongoing commitment to serve the neighborhood in which we do business, we’ve continued to host monthly Parent Cafes in partnership with Garrison school. Monthly, over 100 parents and their children continue to gather to increase their connectivity to one another and their confidence in parenting. Some parents tell us that every time they come, they feel a weight lifted off their shoulders. That’s when we know our partnerships are flourishing and we’re getting results. Please be sure to read about some of our outcomes inside this report.

In the spirit of innovation - the value that gives us permission to play and be curious - our Communication Department continues to generate new and creative ways to tell our story. Many of you may have seen the photo exhibit and subsequent video work highlighting those whose lives have been impacted by CHS. Because we view people in terms of their strengths, not deficits, we chose to highlight our work from a place of empowerment, asking staff, clients, and donors to choose a word that describes what CHS has helped them to discover about themselves. Expanded stories from our I AM Project are highlighted in this report. And stay tuned to our Facebook page for more stories as we continue the I AM Project throughout the year.

In times of need and uncertainty, we stand strong alongside our community, responding to the needs of anyone who needs us. I believe that is evident in the pages of this report.

As always, thank you for reading and allowing us to share the past year with you. As we hope you know, none of this would be possible without the support of our community. When those we serve thrive, we all thrive, and we are so thankful so many continue to choose CHS as their partner in healing, growing, and giving.

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**2016/2017 LEADERSHIP**

**BOARD OF DIRECTORS**

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Taryn Muralt,  
Program Director  
Lori Schumacher,  
Program Director  
Kate Trompeter, MPA,  
Development & Communications Director  
Carmen Wilson, CPA,  
Finance Director

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THESE ARE Our Moments
Center for Human Services (CHS) is a local non-profit that supports youth and families in Stanislaus County by providing access to treatment, prevention, education, counseling and shelter programs. **Our mission is to change lives and build futures through programs that strengthen and support youth and families.** We help meet the basic human needs of people in our community every day. We began in 1970 as Headrest, a drop in center for youth struggling with drug abuse, with a single paid staff member and a handful of volunteers. Today we’ve grown into an agency with 250 employees, serving every community in Stanislaus County.

**Who We Are**

At Center for Human Services, we provide effective, equitable, understandable, and respectful quality of care and services that are responsive to diverse cultural health beliefs and practices, preferred languages, health literacy, and other communication needs. This is a sample of how we do this.

**ETHNICITY OF EMPLOYEES**

- **Caucasian** 36%
- **Hispanic** 53%
- **Asian** 3%
- **African American** 3%
- **Other** 5%

**LANGUAGES SPOKEN BY EMPLOYEES**

- **54%** of our staff speak a language other than English.

**ETHNICITY OF CLIENTS SERVED**

**Student Assistance Program**
- **Hispanic** 55%
- **Caucasian** 26%
- **Other Hispanic/Latino** 6%
- **Not Hispanic** 19%

**Mental Health Services**
- **Hispanic** 60%
- **Caucasian** 28%
- **Other Hispanic/Latino** 5%
- **Unknown/Not Reporting** 7%

**Substance Abuse Treatment**
- **Not Hispanic** 69%
- **Hispanic** 24%
- **Other Hispanic/Latino** 6%
- **Unknown/Not Reporting** 1%

changing lives building futures helping families
**What We Do**

We change lives, build futures, and help families through quality programs and services for youth and families in Stanislaus County. Each year we serve tens of thousands of children, individuals, and families through six core program areas.

### MENTAL HEALTH SERVICES

- **Community Counseling** - no or low cost counseling services
- **Support Groups** - depression and anger management support groups
- **Parent Mentor Program** - providing support services to parents
- **LMFT & LCSW training site** - in association with local universities

### SUBSTANCE ABUSE TREATMENT

- **Substance Abuse Treatment** - teen and adult alcohol and other drug abuse treatment
- **First Step** - outpatient treatment for pregnant and parenting women with children 5 years of age and younger (A partnership with Sierra Vista Child & Family Services)

### FAMILY RESOURCE CENTERS

- “One-stop shops” providing services and support to families
- **Ceres Partnership**
- **Oakdale Family Resource and Counseling Center**
- **Patterson Family Resource Center**
- **Newman Family Resource Center**

### SHELTER SERVICES

- **Hutton House** - temporary shelter for 13-17 year old youth in crisis
- **Pathways** - transitional living, life skills, and employment support for 18-21 year olds experiencing homelessness

### PROJECTS & INITIATIVES

- **Father Involvement Learning Network** - a collaborative network to engage and serve fathers at risk of mental health problems in our community
- **Love Modesto/Love Our Schools** - a partnership with our neighborhood school, Garrison Elementary, to improve educational outcomes and raise morale
- **On My Shoulders** - a support group for non-custodial parents, primarily fathers, teaching skills, tools and strategies for more effective parenting (A partnership with Stanislaus County Department of Child Support Services)
- **Workforce Development** - assisting welfare recipients to obtain or prepare for employment (A partnership with Stanislaus County Alliance Worknet and Community Services Agency)

### YOUTH & SCHOOL BASED SERVICES

- **Friday Night Live** - youth development/leadership training program
- **Alcohol and Other Drugs** - prevention, intervention & education programs
- **Community Youth Connection** - youth run, adult supported community service project operated by Hutton House
- **Counseling Services** - youth, individual, and family sessions
- **Student Assistance Program** - education, prevention and intervention for students K-12
- **Graduation Coach Program** - comprehensive student engagement program targeting 7th and 8th graders at risk of dropping out (A program led by United Way)
The Way We Work

We believe positive growth occurs when people choose to utilize their personal strengths to develop new skills, cope more effectively and build better relationships.

What We Believe:

People need a safe environment and the capacity to protect and support their families.

Relationships create the foundation for well-being and people are healthiest when they have positive connections with others.

Healthy communities create opportunities for people to connect with one another, access natural systems of support and act together to improve their lives.

How We Work:

We view individuals and families in terms of their strengths, not their deficits.

We provide a caring environment where people are accepted and treated with compassion and respect.

We connect people to their natural systems of support.

At Center for Human Services:

We build partnerships with individuals, families, and communities so we can help them help themselves.

We offer concrete support to individuals and families in times of need.

We provide opportunities for people to build new skills.
I AM a Survivor

Four years ago, there were days Amanda Godfrey didn’t know how she'd survive. Her husband left their marriage, leaving her with their 1½-year-old son and a depleted savings account. To make matters worse, a chronic neurological disease flared up, making her hands and feet feel like they were on fire.

“I cried every day for three months straight,” Amanda recalled. “From the time I woke up in the morning to the time I went to bed at night. In my emotional state, I was not a good parent. How can a sad person be a good mom? That's selfish and I refuse to be that type of person to my biggest blessing in the world.”

Someone from a Center for Human Services partner organization suggested she turn to CHS for help.

CHS provided Amanda mental health counseling every week – a service Amanda considers a blessing for her and her son. She developed a bond with her counselor, Anna, knowing that even she faces struggles of her own.

“You have to be able to relate to people you open up to,” Amanda said. “The people who've helped me at CHS, it's unlike any other help I've ever received and it’s genuine and it’s loving.”

Amanda also credits CHS for helping her find a comfortable low-income apartment and a play therapy program for her son.

“They really just helped me along every step of the way. I was never alone.”

After four years of counseling, Amanda’s soul is healing and her outlook is bright.

“Each day, I have to make a conscious effort to truly look at the positive side of things so that I can show my 6-year-old son that we can accomplish anything as long as we truly want it.”

Her son continues to be her inspiration and her purpose for surviving. Her counselor, Anna, continues to be her guide.

“I definitely would not be where I am. I would not be with the man I’m with or as happy as I am for the first time in my life,” Amanda said. “I would not be here if I wouldn't have said, ‘I’m at the lowest point in my life and I need help.’ And that's all it took. When I said, ‘I need help’, my CHS counselor said, ‘Okay, what can we do?’ Being able to go through therapy each week has been a blessing.”

“The people who’ve helped me at CHS, it’s unlike any other help I’ve ever received and it’s genuine and it’s loving.

- AMANDA
Many of us try not to worry about what others think of us, but 17-year-old Felix Hernandez is actually quite proud of what people think of him.

“People I know describe me as loyal,” Felix said. “Whenever I’m in a team situation, I put that team first. My father was always the one who told me if you’re going to do something, do it right. So if I joined a group, I would do it right till the very end.”

His loyalty has been a huge asset to Community Youth Connection (CYC), a Center for Human Services (CHS) community service and leadership program run by youth to make a positive impact on our community. Members are teenagers who’ve received services through Hutton House, CHS’ youth shelter, and from the general community. CYC has spearheaded projects like water bottle distributions at local parks in the summer, an animal shelter donation drive, and college tours for its members.

Felix’s friend at Modesto High School introduced him to the group in 2016 and he’s been hooked ever since. When he was a high school senior, he served as public relations officer.

“CYC is different because when you get into other kinds of community service, you ask an adult what to do, you do it, then you leave. CYC is family. My favorite part is it’s youth run. We go to the youth and ask them what can we do and how can we do it?”

The project he’s most proud of, which was done in collaboration with CHS’ Friday Night Live program, is a billboard campaign to promote sobriety to high school students. Their message – “Intoxication leads to no graduation.” The campaign drew attention from the media and their peers.

“I wanted to start a movement with that billboard and I accomplished that goal,” Felix said.

Now a student at San Jose State University, Felix often comes back to Modesto for CYC meetings on Fridays. He feels this is his chance to help guide CYC’s up-and-coming leaders.

“CHS and CYC built leadership skills in me. I always thought I had them, but with CHS, I was pushed to use them. CHS empowered many of us to be leaders.”

At Center for Human Services, we provide opportunities for people, like Felix, to build new skills. Through our programs we create opportunities for people to connect with one another, access natural systems of support and act together to improve their lives and the lives of people around them.

We’re proud of you, Felix!
### Action & Impact

Every day **we change lives and build futures** through programs that strengthen and support youth and families.

<table>
<thead>
<tr>
<th><strong>81%</strong> OF YOUTH</th>
<th><strong>20,000+</strong> children, individuals and families were served last year through <strong>six core program areas</strong>: Mental Health Services, Substance Abuse Treatment, Youth Services, Shelter Services, School Based Services and Family Resource Centers.</th>
<th><strong>98%</strong> OF CLIENTS graduating from drug and alcohol treatment say they're better able to manage problems in their lives.</th>
</tr>
</thead>
<tbody>
<tr>
<td>staying at <strong>Hutton House</strong> said they would tell a friend to go there if they needed help.</td>
<td><strong>93%</strong> OF PARENTS with children receiving counseling services said their family got the help they needed for their child.</td>
<td><strong>91%</strong> OF PARENTS accessing support from one of our Family Resource Centers in Ceres, Newman, Patterson and Oakdale felt they learned how to access community resources to meet the needs of their family thanks to CHS programs.</td>
</tr>
<tr>
<td><strong>99%</strong> OF PARENTS participating in a Parent Café said they plan to make sure they understand their child's feelings.</td>
<td><strong>4,300</strong> STUDENTS were seen last year by Student Assistance Specialists at OVER 80 school sites.</td>
<td><strong>90%</strong> OF SCHOOL STAFF surveyed believed that their students benefited from Student Assistance Program services.</td>
</tr>
<tr>
<td><strong>93%</strong> OF YOUTH living at <strong>Pathways</strong>, transitional housing for homeless young adults, secured employment.</td>
<td><strong>81%</strong> OF YOUTH staying at <strong>Hutton House</strong> said they would tell a friend to go there if they needed help.</td>
<td><strong>93%</strong> OF YOUTH living at <strong>Pathways</strong>, transitional housing for homeless young adults, secured employment.</td>
</tr>
</tbody>
</table>
Ways To Give

Center for Human Services (CHS) is thankful for the many ways our community supports our work.
Here are some different ways you can support CHS:

TIME
Become a volunteer in one of our many programs by lending a helping hand to our staff, sitting on a fundraising committee or inquire about our active Board.

TREASURE
Provide monetary support by giving through the Annual Campaign, sponsoring or attending a special event like Edible Extravaganza, donating in-kind goods or supplies or by making a planned gift.

TALENT
Offer to share one of your talents and create teachable moments with the people we serve and our employees. You could help teach a class, provide general maintenance and repairs at our facilities and more.

GIFT YOUR LEGACY
Center for Human Services is a tax-exempt 501(c)(3) organization that provides quality prevention, education, counseling and shelter services for youth and families. Gifts through estate planning support the work we do and can provide significant federal and state tax deductions for you. Contact our Development and Communications Department for more information.

FOR YOUNG PHILANTHROPISTS
We believe you are never too young to be a philanthropist so we even have a program for kids to collect change to change lives. Contact us for more information or to sign-up.

WE’RE GRATITUDE EXPERTS,
get in touch:
For more information, please contact our Development Department at (209) 526-1476 or chsdev@centerforhumanservices.org.
# Financials

Fiscal Year July 1, 2016 - June 30, 2017

<table>
<thead>
<tr>
<th>ASSETS</th>
<th>FY 2017</th>
<th>FY 2016</th>
</tr>
</thead>
<tbody>
<tr>
<td>Cash</td>
<td>$854,611</td>
<td>$1,085,309</td>
</tr>
<tr>
<td>Investments</td>
<td>$879,463</td>
<td>$573,985</td>
</tr>
<tr>
<td>Accounts Receivable</td>
<td>$897,992</td>
<td>$825,050</td>
</tr>
<tr>
<td>Promises to Give</td>
<td>$218,223</td>
<td>$402,031</td>
</tr>
<tr>
<td>Prepaid Expenses</td>
<td>$35,771</td>
<td>$52,260</td>
</tr>
<tr>
<td>Property and Equipment (less depreciation)</td>
<td>$2,855,285</td>
<td>$2,863,737</td>
</tr>
<tr>
<td><strong>TOTAL ASSETS</strong></td>
<td><strong>$5,741,345</strong></td>
<td><strong>$5,802,372</strong></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>LIABILITIES &amp; NET ASSETS</th>
<th>FY 2017</th>
<th>FY 2016</th>
</tr>
</thead>
<tbody>
<tr>
<td>Accounts Payable and Accrued Expenses</td>
<td>$435,417</td>
<td>$433,544</td>
</tr>
<tr>
<td>Notes Payable</td>
<td>$2,285,158</td>
<td>$2,364,879</td>
</tr>
<tr>
<td>Deferred Revenue</td>
<td>$289,103</td>
<td>$427,581</td>
</tr>
<tr>
<td><strong>TOTAL LIABILITIES</strong></td>
<td><strong>$3,009,678</strong></td>
<td><strong>$3,226,004</strong></td>
</tr>
<tr>
<td>Net Assets</td>
<td>$2,731,667</td>
<td>$2,576,368</td>
</tr>
<tr>
<td><strong>TOTAL LIABILITIES &amp; NET ASSETS</strong></td>
<td><strong>$5,741,345</strong></td>
<td><strong>$5,802,372</strong></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>REVENUE</th>
<th>FY 2017</th>
<th>FY 2016</th>
</tr>
</thead>
<tbody>
<tr>
<td>Grants and Contracts</td>
<td>$10,717,195</td>
<td>$10,192,002</td>
</tr>
<tr>
<td>Program Fees</td>
<td>$487,909</td>
<td>$447,215</td>
</tr>
<tr>
<td>Fundraising and Contributions</td>
<td>$551,324</td>
<td>$719,011</td>
</tr>
<tr>
<td>Other Income</td>
<td>$63,564</td>
<td>$21,813</td>
</tr>
<tr>
<td><strong>TOTAL REVENUE</strong></td>
<td><strong>$11,819,992</strong></td>
<td><strong>$11,380,041</strong></td>
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</table>

<table>
<thead>
<tr>
<th>EXPENSES</th>
<th>FY 2017</th>
<th>FY 2016</th>
</tr>
</thead>
<tbody>
<tr>
<td>Hutton House (5%)</td>
<td>$624,024</td>
<td>$546,791</td>
</tr>
<tr>
<td>Pathways (4%)</td>
<td>$434,947</td>
<td>$404,840</td>
</tr>
<tr>
<td>Family Resource Centers (19%)</td>
<td>$2,306,321</td>
<td>$2,145,003</td>
</tr>
<tr>
<td>Youth Services (5%)</td>
<td>$584,348</td>
<td>$526,708</td>
</tr>
<tr>
<td>Student Assistance Program (22%)</td>
<td>$2,553,627</td>
<td>$2,496,858</td>
</tr>
<tr>
<td>Community Counseling (40%)</td>
<td>$4,511,688</td>
<td>$4,397,845</td>
</tr>
<tr>
<td>First Step (2%)</td>
<td>$228,928</td>
<td>$260,542</td>
</tr>
<tr>
<td>Community Capacity Building (1%)</td>
<td>$153,096</td>
<td>$135,658</td>
</tr>
<tr>
<td>Management and Fundraising (2%)</td>
<td>$267,714</td>
<td>$226,131</td>
</tr>
<tr>
<td><strong>TOTAL EXPENSES</strong></td>
<td><strong>$11,664,693</strong></td>
<td><strong>$11,140,376</strong></td>
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</table>

<table>
<thead>
<tr>
<th>Change in Net Assets</th>
<th>FY 2017</th>
<th>FY 2016</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>$155,299</td>
<td>$239,665</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Net Assets at End of Year</th>
<th>FY 2017</th>
<th>FY 2016</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>$2,731,667</td>
<td>$2,576,368</td>
</tr>
</tbody>
</table>

## Agency Expenditures

- **40%** Community Counseling and Substance Abuse Treatment
- **22%** Student Assistance Program (SAP)
- **19%** Family Resource Centers and Workforce Development
- **5%** Hutton House
- **5%** Youth Services
- **4%** Pathways
- **2%** Management & Fundraising
- **2%** First Step
- **1%** Community Capacity Building

Community Report 2016/2017 | www.centerforhumanservices.org
“I am involved because being involved makes things happen.”

When Shane Parson gets involved, he’s all in. He first joined the Center for Human Services family in 2012 as a member of the Ceres Champions. Since then, he has poured his time, heart and treasures into giving joy and opportunities to CHS clients.

“It’s a warm feeling to see people enjoy something they may not have on their own,” Shane said.

Our community is better off thanks to Shane for:

• A new site for CHS to serve families at Ceres Partnership.
• 125 turkeys for Thanksgiving dinners from 2012 to 2017.
• The sprawling space and serenity of his ranch for staff and client groups to use.
• Dinners he’s cooked for CHS Parent Cafes and hot dogs he’s grilled for father groups.
• Visits with Santa Claus (see photo – yes, that’s Shane!).
• Connections for CHS to people and organizations whose values and passions align with our work.

“We have to support where we live,” Shane said. “The more successful you can make your community, the better off everybody is.” Shane has made it his mission to help everybody be better off. For the last 17 years he’s lived in Ceres, Shane has built up several businesses. He owns Diamond Bar Arena in Ceres, an almond processing plant in Turlock, Embroidery Plus in Ceres, two equine magazines, and a worm composting business.

“I’ve been blessed with some disposable income that I can utilize,” Shane said. “I think money’s okay, but it’s kind of like raising kids. If you just give them money and spend no time with them, you may feel good about that – that I was able to help somebody – but giving of yourself and sharing opportunities is just as important.”

Shane feels most fulfilled when he gives of himself. Whether he’s serving food at Thanksgiving dinners, mentoring students from Central Valley High School, or driving kids around his ranch on “people movers,” he hopes to move people in a different way. By getting to know people from all walks of life, Shane gets the chance to see and understand the profound needs within our community and find a way to meet them.

A hometown hero in our eyes, but to him, he’s just a guy who’s involved.
OUR DONORS

Center for Human Services would like to thank the following donors who supported us during the 2016-2017 fiscal year.

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Verna Jordan
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