At Sutter Health Plus, the health and safety of our members remains our top priority. Use of telephonic nurse advice and video visits helps minimize the spread of infection and ease pressure on provider offices. Please consider one of the following options if you need care.

- **24/7 Nurse Advice Line**: Call 1-855-836-3500
- **Video Visits**: Schedule a same-day video visit, at the same cost-share* as a primary care physician, from 8 a.m. to 8 p.m. through My Health Online (MHO)**

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**Book a video visit in 3 easy steps:**

1. **Log In**
   Log in to MHO at mho.sutterhealth.org. Video visits are open to members age 18 months and older.

2. **Schedule**
   Select “Schedule Video Visit” and pick a time. Schedule a child video visit through Proxy Access.

3. **Begin Video Visit**
   At the time of your appointment, log into MHO. Select your scheduled Video Visit. Click “Begin Video Visit.”

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*Members seeking medically necessary screening and testing for COVID-19, including video visits, will receive the services at $0 cost-share. All other visits are available at the same cost-share as a primary care physician visit. Refer to the Sutter Health Plus combined Evidence of Coverage and Disclosure Form and Benefits and Coverage Matrix to determine coverage and costs.

**Enroll and activate your MHO account by visiting mho.sutterhealth.org.**